

Crew Rest

| GMT | Crew | Activity / <i>ODF or R/G</i> |
|-------------|------------|--|
| 06:00–06:10 | | Morning inspection |
| 06:10–06:40 | | Personal hygiene (post-sleep) |
| 06:40–07:30 | | BREAKFAST |
| 07:45–08:20 | FE-1 | LAB payload status monitoring |
| 08:05–08:20 | CDR | ????? (Hurricane): Earth observations and photography / <i>r/g</i> ?=08.05-08.20 |
| 08:20–08:30 | CDR | Downlink of ??? and ?? counter data |
| 08:30–09:10 | CDR | Maintenance of ??? per MCC GO |
| 12:30–13:30 | | LUNCH |
| 15:25–15:40 | FE-1 | PRIVATE FAMILY CONFERENCE |
| 15:40–15:55 | FE-2 | PRIVATE FAMILY CONFERENCE |
| 18:45–18:55 | CDR | PRIVATE FAMILY CONFERENCE |
| 18:45–19:15 | FE-1, FE-2 | Review plan for the next day |
| 18:55–19:15 | CDR | |
| 19:15–19:30 | | Daily planning conference (evening) |
| 19:30–20:00 | | DINNER |
| 20:00–20:30 | | Daily food ration prep |
| 20:30–21:30 | | Personal hygiene (pre-sleep) |
| 21:30–06:00 | | SLEEP |

End of radiogram